

Information after an insertion of an immediate full denture

What to expect and what to do:

- For the first 2-3 days
 - A full denture must be worn full time. The gum tissue will swell up after an extraction, interfering with the fitting of the denture if left out of the mouth.
 - Discomfort is expected as the denture is pressing onto the inflamed gum tissue. Take pain killers as required
 - Have soft diet to minimize discomfort.
- For the first 2-3 weeks,
 - A full denture is worn full time but should be taken out for cleaning a few times a day.
 - Rinse onto the socket with chlorhexidine mouthwash using a provided plastic syringe.
 - During this period, the extraction socket will close up and mold into the shape of the denture.
- After 3 weeks
 - The denture should be left out at night for hygiene reason.
 - Denture can be cleaned using a toothbrush.
 - Avoid using toothpaste as added abrasives can wear down plastic teeth.
 - Denture should then be rinsed with soap and water to remove any saliva film. If left on the denture, calcium in saliva will form a hard yellow deposit.
 - Denture can be left in a glass of water overnight.
- After 2-6 months
 - The bone level will shrink as part of the healing process causing the denture to become loose.
 - A denture will need to be relined.

If you have any questions please do not hesitate to call the clinic

KIND REGARDS,

Supa Dental Team