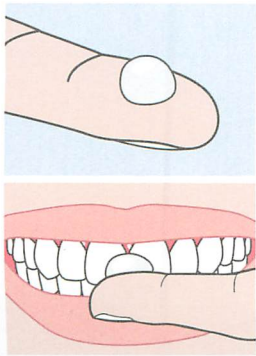


## Application instructions for GC Tooth Mousse / GC Tooth Mousse Plus



1. After brushing your teeth, use a clean dry finger or cotton tip to apply sufficient (approximately 1 gram) crème to coat all upper and lower teeth.
2. Leave on the teeth undisturbed for a minimum of 3 minutes. Then use your tongue to spread the remaining crème throughout the mouth.
3. Hold in the mouth for a further 1-2 minutes. The longer GC Tooth Mousse (Plus) and saliva are maintained in the mouth, the more effective the result.
4. Expectorate thoroughly and if possible avoid rinsing. Any Tooth Mousse (Plus) remaining on the tooth surface can be left to gradually dissipate.
5. Do not eat or drink for 30 minutes following application.